

FOCUS

Glorifying God through our D.A.Y.S. (Discipleship, the Arts, Young People and Service)

FIRST UNITED METHODIST CHURCH OF HONOLULU | 1020 S. BERETANIA STREET, HONOLULU, HAWAII 96814
OCTOBER 2023 – VOLUME LXX, ISSUE 10

Living Treasures

Sunday, November 5, 11:30 AM, Courtyard

The Programs, Projects and Education committee, known as PP&E, chose three Living Treasures, people who have made a great contribution to the life of First United Methodist Church of Honolulu whom we will honor on November 5. In addition to celebrating each person's ministry, we will also establish a financial trust in each Living Treasure's name with seed money of \$5000 as an endowment fund, to go toward whatever beneficiary that the Living Treasure chooses. Join us for the celebration!

COFFEE AND CONVERSATION

Get to know others in the congregation with a time of conversation and coffee (or Italian soda!) at the Honolulu Museum of Art Coffee Bar just across the street from FUMC (park at FUMC), at **10 a.m. on Thursday, October 19!** (Museum entrance is free to go to the Coffee Bar.) We hope you can join us!



Church Events

- Oct 1st – World Communion Sunday and Light Lunch & Potluck Desserts from Around the World
- Oct 7th - Saturday Foodbank at 2-4p.m.
- Oct 8th – Clergy Appreciation Day
- Oct 17th – Staff Retreat Office CLOSED
- Oct 19th – Coffee and Conversation at 10a.m. at Honolulu Museum of Art Coffee Bar
- Oct 21st – Early Response Team Training at 9am-6pm in Komuro Hall
- Oct 23rd – Wahine Wellness at 6-7:30p.m. in Komuro Hall
- Oct 27th – Youth & Young Adult Movie on the Lawn



Ministry Musings

Pastor Won-Seok Yuh
Co-Pastor

“Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing... If you abide in me and my words abide in you, ask for whatever you wish, and it will be done for you.” (John 15:4-5, 7, NRSV)

We pray for all sorts of occasions like gatherings, meetings, meals, and worship. We pray for all sorts of blessings such as guidance, strength, wisdom, and patience. We pray in all sorts of ways whether structured like a collect or the Lord’s Prayer, or in freeform as extemporaneous and tongsonggiddo (Korean practice of prayer) might be.

While Jesus taught his Disciples to keep prayers short, especially in public, he himself also went off to spend long periods to pray either alone or with his Disciples. We know that the practice of prayer is not exclusive to Christians, but where might the power of prayer be?

Is it simply because of the number of times we pray or the length of times we stay in prayer? Is it simply because of the quality of words that we might use to either address G-d or any of our concerns? Does it depend on how faithful and “good” we are, or does it depend on how desperate and sinful we are? Does G-d only listen to the righteous person, while the sinner struggles to find reconciliation and redemption?

While many of these factors may seem impactful, I believe the true power lies in the One to Whom we

pray. As Jesus invites us to abide in him, one way we do that is by prayer. It is often when we abide with Christ through prayer that we recognize G-d-scale hopes and miracles.

It is often through prayer that we sense the Holy Spirit encouraging and strengthening us to do as much good as we can. It is often through prayer that the Holy Spirit brings us to discernment and transformation in the sight of evil and harm. It is often through prayer that the Holy Spirit heals and restores us in loving relationship with G-d and with one another.

How then shall we pray when addressing G-d with our everyday concerns and needs? How then shall we pray when we seek redemption and restoration with G-d and with one another? How then shall we pray in the scope of eternity?

“How Then Shall We Pray?” Join us in the month of October as we continue our series on the prayer that Jesus taught his Disciples to pray, (re)discovering what it means to sincerely pray this inspirational prayer to our G-d who hears all of our prayers at all times and in all places.

Peace,
Rev. Won-Seok Yuh

From Faifekau Linita Moa's Desk

“1FAKAFETA'i kia Sihova; he 'oku lelei ia;
He 'oku tolonga 'o ta'engata 'ene 'alo'ofa.
2Ke pehē 'a e lau 'a e kakai kuo huhu'i 'e he 'Eiki,
'A kinautolu kuo ne huhu'i mei he nima 'o e fili.” Saame 107

Ko e fakafeta'l ia 'o e mahina fo'ou ko'eni, he kuo tau tu'uta lelei mo mo'ui ki he hongofulu'l mahina 'o e ta'u. Ko e lea ia 'a e kakai kuo huhu'l 'e he 'Eiki, ko e fakafeta'l kia Sihova he 'oku lelei tokotaha pe ia.

'Oku fokotu'u mai 'a e siate folau 'o e mahina ni: Ko hotau Ui, ke tau mo'ui Faka-Tisaipale ke fe'unga mo e fononga pilikimi 'oku tau fai mei taimi ki 'Itāniti. Ko e mo'ui fakatisaipale, ko e mo'ui ia na'e ako'l 'e Sisu ki he'ene kau ako, pea ko e sipinga mo'ui ia 'oku faka'amu ke tau fakahoko he mo'ui ni. Ko e mo'ui ke matu'aki mateaki 'I hoto fatongia, fua kolosi, pea hoko ko e lahi 'o e muimui kia Kalaisi 'I he taimi kotoa pe, pea mo e feitu'u kotoa pe 'oku ke 'iai.

'Oku fokotu'u atu 'I he'etau Tohi MOMO 'a e ngaahi veesi lauloto, ke tokoni atu ki ho'o lau folofola faka'aho mo e fakalaulauloto, ke ke fononga pe mo ia he Uike kotoa pe. Pea ka 'oku 'iai pe ha'o veesi lauloto 'a koe 'oku lelei pe, he 'e tokoni 'a e veesi lauloto ki ho'o lotu, fakalaulauloto he 'aho kotoa, pea ki ha'o talanoa mo ha tokotaha 'oku mo fetaulaki lolotonga ho'o fononga pilikimi.

Ko e mahina ni 'oku tau matu'aki tokanga 'aupito ki he'etau ngaahi ma'unga kelesi, ki hono teuteu'l kitautolu ki he fa'ahita'u 'o e 'Etiveni, ke teuteu ha ngaahi ako Tohitapu ke tau fakahoko 'I he fa'ahita'u 'o e 'Etiveni, pea pehe pe foki ke fakahoko ia 'I he online. 'O tatau aipe pe ko e zoom pe ko e fakahoko pe 'I he facebook 'o live atu ke tau toki fe'inasi'aki ai pe ai.

'Oku 'iai foki 'a e Kalasi 'oku fakahoko atu he facebook, mei he Lay Servant Ministry 'a e Cal-Pac, Kapau 'oku ke fiekau mai kiai, pea ko e taimi 'eni ke ke lesisita leva ki ai, 'aia 'oku uike 'e 7. 'e fakahoko ia he 'aho Pulelulu kotoa pe 'o Kamata he 4 pm -5:30 pm, 'I he 'aho 4 'o 'Okatopa ki he Novema 15, 2023. Ko e Kalasi ko'eni 'oku fakalele fakapalangi, he ko e Kalasi 'a e Cal-Pac. Ko e title: "Blessed Are The Chosen" Kapau 'oku ke fie kau mai ki he Ako ko'eni, pea ke toki fetu'utaki mai ki he fakaikiiki ke 'oatu kiate koe.

'Ofa ke mou ma'u ha mahina fo'ou fonu 'I he kelesi mo e 'Ofa 'a e 'Eiki.

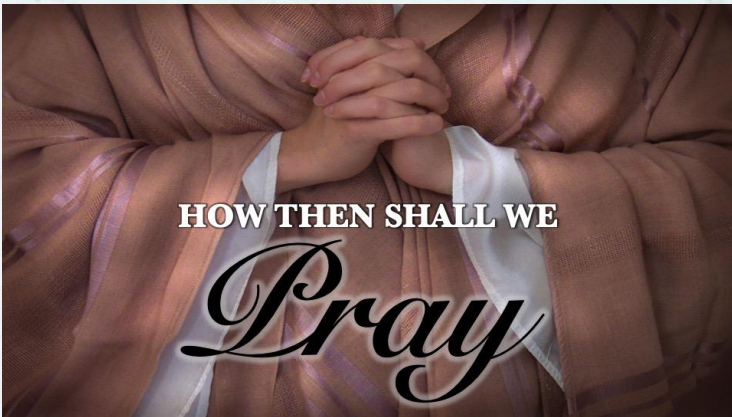
'Ofa lahi atu mo e Lotu Hufia,
Faifekau Linita 'U. Moa



Pastor Linita Moa
Co-Pastor

TONGAN BIBLE STUDY *Mondays at 6:30 via Zoom*

Hokohoko atu ai pe 'a e Ako Tohitapu mo e Laufolofola fakauike he efiafi Monite taimi 6:30 - 7:30 pm. 'Ataa ki he taha kotoa. Fetu'utaki ki 'ofisi kia Paini ke 'oatu e link. He'ikai te ke toe hela kumi ha'o heka ki 'apisiasi - ko ho'o vahevahe tonu mai pe mei ho lotofale 'aki ho'o telefoni pe ko e ipad. Fehu'i pe ko e fiema'u ha fakaikiiki? Telefoni ki 'ofisi; (808) 522-9555 pe ko e cell (808) 741-1621. Toki sio he efiafi Monite!



HOW THEN SHALL WE

Pray

Sermons for 10 a.m. English Worship Service

OCTOBER 1 – “Give Us Tomorrow
Our Daily Bread” (Holy Communion)

- Pastor Won-Seok Yuh
Matthew 6:25-34

OCTOBER 8 – “Trespases, Sins,
and Debts?”

- Pastor Won-Seok Yuh
Matthew 18:15-35

OCTOBER 15 – “Who Leads and
Delivers?”

- Pastor Won-Seok Yuh
Matthew 18:1-14

OCTOBER 22– “Kingdom, Power,
and Glory?”

- Pastor Kim Houff
Matthew 6:5-13

OCTOBER 29 – “The Greatest of
Love” (Young Adult Sunday)

- Pastor Won-Seok Yuh
Luke 10:25-37

*You can access previous videos of our
worship services on Facebook (First United
Methodist Church Honolulu) or edited
versions on YouTube. Or if you prefer a
printed copy of the worship script to be mailed
to you, please call 808-522-9555 or email
office@firstumchonolulu.org.*

DISCIPLESHIP

SUNDAY BIBLE STUDY

Following 10 AM worship
(except first Sunday)
In-person and via Zoom



Our Wired Word discussions have allowed the group to wrestle with the spiritual sides of what is happening in the world. Since there is a new topic each Sunday, one need not worry about missing a class. We look forward to more interesting topics to discuss this month—all through a biblical lens. Join us on Sundays (except for first Sundays) following 10 AM worship to discuss the topic for the day. Articles are emailed on Thursday or Friday for Sunday’s discussion. For more information, to get the article emailed and/or to get the Zoom link. Email Kim@firstumchonolulu.org.



UNITED WOMEN IN FAITH

The English group will meet on Wednesday, October 18 at 11:30 AM in the library. Lucy Low will lead the program, “Connecting in Faith.” New ladies are always welcome. For more information or to get the zoom link, email kim@firstumchonolulu.org.

The Tongan Circle will meet on Tuesday, October 17 at 7:30 PM in Komuro Hall. Please contact Kueni Maka for more information.



THE ARTS



CRAFTING FOR A CAUSE
Tuesday, October 17
6:00 – 8:00 p.m.
Maile Room

Interested in learning how to crochet? Or are you an expert in crocheting? Join Kim and Sandi as we crochet dish clothes for HOPE baskets and pumpkins for our nursing home outreach. All levels of crocheters are welcome!

To sign up or for more information, email office@firstumchonolulu.org. Please let us know if you will need a crochet needle so we make sure we have enough for everyone.

Wahine Wellness: Yoga

with **Natasha Bailey, Yoga Instructor**

Enjoy a FREE Halloween “**Cauldron of Calm**” Yoga!

This restorative practice will use props and gentle poses to induce a state of deep relaxation and peace.

Monday, October 23, 2023

6 pm to 7:30 pm

First United Methodist Church

1020 S. Beretania Street, Honolulu, HI 96814

Come in costume with your yoga mat!

All levels welcome!

Scan to Register



Presented by
Samaritan Counseling Center Hawai'i
and First United Methodist Church

DANCE MINISTRY
Wednesdays,
starting October 18
6:00 – 7:00 p.m.
Komuro Hall



Want to learn to worship using dance? Our Dance Ministry has learned a sign dance with some hula. Our next dance will be just hula. New people are welcome to join as we learn a new dance. No prior experience necessary! To register or for more information, email Becky Choi at beckyaloha808@gmail.com.

CHOIR and CHRISTMAS CANTATA

Wednesdays, 7:00 – 8:30 p.m.
Choir Room

Make a joyful noise unto the Lord! The choir resumes weekly practice in October to prepare for the Christmas Cantata. New choir members are welcome to join the choir to sing for Sunday worship on the first and third Sundays or just for the Cantata. Email kim@firstumchonolulu.org for more information.

The
Perfect Christmas
for choir with
narration or drama



YOUNG PEOPLE



YOUNG ADULT MINISTRY

Our Young Adult Ministry continues to tackle tough questions. They have been sharing how they feel about current events as we read “The Wired Word.”

Two weeks ago the article asked the question: Was living with stress of everyday problems back in the old days easier or harder than living with stress and challenges of today? And last week we discussed how some ingredients in medications were just a placebo (it had no benefit even though the consumer believed it had a benefit).

We agreed that for many people, if they believe something is true, it must be true. That becomes our challenge. Just because we believe and we know the truth, it doesn't mean everyone will believe. There are plenty of people all around us that don't believe in God or Jesus. We agreed to live our lives in such a way that others won't see a placebo, they will see the truth and begin their journey with Jesus.

YAM Schedule for October:

Sunday, October 1 – Learn “How We Worship”
dance (guys – sign dance, girls – hula)

Sunday, October 8 – The Wired Word

Sunday, October 15 – The Wired Word / “How We Worship”

Sunday, October 22 – The Wired Word / “How We Worship”

Sunday, October 29 – Rock Climbing

Blessings,
Mark Brekke, YAM Leader

SERVICE



HOPE BASKETS

To show our thanks for how God has so richly blessed us, we are putting together H.O.P.E. baskets for Catholic Charities to distribute to people who are moving from homelessness into apartments!

These H.O.P.E. baskets are called that because they provide hope and Help Other People Excel. We will accept donations of gently used (or new!) dishes, utensils, pots and pans, and linens. You can also donate new laundry baskets, laundry detergent, cleaning supplies, shampoo and conditioner, soap, toothpaste, toothbrushes, and toilet paper.

Drop off your donations at the church. Another option is to donate money for Pastor Kim to go shopping for whatever is needed.

ALOHA FELLOWSHIP & FLOWERS

We are looking for volunteers to provide snacks following English worship. The church provides paper goods and water/drink. You can sign up on the bulletin board by the welcome table at church or contact Sue Veikoso at 808-726-6646. You can also donate money to help provide snacks.



We have a sign-up sheet on the bulletin board for donating altar flowers dedication in honor or in memory of loved ones. Call the office at 808-522-9555 for more information or to sign up for a Sunday.



1020 South Beretania Street
 Honolulu, Hawaii. 96814-1492
 (808) 522-9555.
 Website: www.firstumchonolulu.org

Early Response Team Training



OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am Tongan Worship 1 8:30am Pancakes and Praise Breakfast (grab and go only) 10am Joint Worship Service 11:30am World Communion Lunch with Potluck Desserts 12noon Young Adult Ministry (YR)	2-4pm FoodBank 6:30pm Evening Study via Zoom 7pm Tongan Bible Study (Zoom)	12noon Yoga (KH)	5:30pm Keiki Sign Dance (BC) 7pm English Choir (KH) 7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	2-4pm Foodbank
6am Tongan Worship 8 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship/Sunday School 11:00 am Sunday Bible Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1:30pm Tongan Sunday School (KH)	2-4pm FoodBank 6:30pm Evening Study via Zoom 7pm Tongan Bible Study (Zoom)	12noon Yoga (KH)	7pm English Choir (CR) 7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	
6am Tongan Worship 15 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship/Sunday School 11:00 am Sunday Bible Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1:30pm Tongan Sunday School (KH)	2-4pm FoodBank 6:30pm Evening Study via Zoom 7pm Tongan Bible Study (Zoom)	9-4pm Staff Retreat (Office CLOSED) 12noon Yoga (KH) 7:30pm UWF Tongan Circle	5:30pm Keiki Sign Dance (BC) 6pm Dance Ministry (KH) 7pm English Choir (KH) 7pm Tongan Worship (S)	10am Coffee & Conversation 6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	9-6pm ERT Training (KH)
6am Tongan Worship 22 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship/Sunday School 11:00 am Sunday Bible Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1:30pm Tongan Sunday School (KH)	2-4pm FoodBank 6-7:30pm Wahine Wellness: Yoga (KH) 7pm Tongan Bible Study (Zoom)	12noon Yoga (KH)	5:30pm Keiki Sign Dance (BC) 6pm Dance Ministry (KH) 7pm English Choir (KH) 7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	
6am Tongan Worship. 29 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship/Sunday School 11:00 am Sunday Bible Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1:30pm Tongan Sunday School (KH)	2-4pm FoodBank 6:30pm Evening Study via Zoom 7pm Tongan Bible Study (Zoom)	12noon Yoga (KH)			CR = Choir Room BC= Butterworth Chapel KH = Komuro Hall S = Sanctuary L = Library MR = Maile Rm YR =Youth Room	



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Honolulu, Hawaii 96814-1492
(808) 522-9555 Fax (808) 528-3992
Website: www.firstumchonolulu.org

RETURN SERVICE REQUESTED

Church Leaders & Staff

Pastors: Rev. Dr. Linita 'U. Maa
Rev. Won-Seok Yuh

Minister of Discipleship & Community Engagement:
Rev. Kim Houff

Office Manager: Sandi Brekke

Facilities Director: Paini Harris

Director of Young Adult Ministry & Handyman:
Mark Brekke

Director of Young People's Ministry: Mele Pepa Latu

Choir Director: Tupou Seini Kelemen, Fololiena Maka

Accompanist: Jason Eom

Finance Administrator: Ongo Kali

Custodians: Pongi Vehikite, Pat Sheppard,
Sia Lolohea, John Kelemen

CONNECTIONAL LEADERS:

Resident Bishop:
Bishop Dottie Escobedo-Frank

District Superintendent:
Rev. Saia Tu'itahi



Check out our website: www.firstumchonolulu.org



Email: Office@Firstumchonolulu.org



Instagram: [firstumchonolulu](https://www.instagram.com/firstumchonolulu)



Facebook: [First United Methodist Church Honolulu](https://www.facebook.com/FirstUnitedMethodistChurchHonolulu)



Twitter: [HonoluluFUMC](https://twitter.com/HonoluluFUMC)