

# United Women in Faith Hawaii District Mini Mission-u

Saturday, August 19, 9 AM – 1 PM at Wesley UMC, 1350 Hunakai St, Honolulu, 96816

Since Mission-u is held in California, Hawaii District United Women in Faith offers a mini Mission-u on Oahu. The theme is "Missin' u @ Mission u." The topic is "The Kin-dom of God through the Lord's Prayer." All women are welcome to join. Contact Tupou Seini Kelemeni at <a href="mailto:ts\_kelemeni@yahoo.com">ts\_kelemeni@yahoo.com</a> for more information.

# ulu, 96816

KICKSTART

#### **COFFEE AND CONVERSATION**

Get to chat with Pastor Won-Seok at this month's coffee and conversation at the Honolulu Museum of Art Coffee Bar just across the street from FUMC (park at FUMC), at 10 a.m. on Thursday, August 10! (Museum entrance is free to go to the Coffee Bar.) We hope you can join us!

#### **Church Events**

- August 5<sup>th</sup> District
   Tongan Youth Day at
   9 a.m. in the Sanctuary
   and then Thomas Square
- August 9<sup>th</sup> United Women in Faith English Circle at 11:30 a.m. in the Library
- August 10<sup>th</sup> Coffee and Conversation w/Pastor Kim at 10 a.m. at HoMA Coffee Bar
- August 12<sup>th</sup> Saturday Foodbank at 2-4 p.m.
- August 15<sup>th</sup> United Women in Faith Tongan Circle at 7:30 p.m. in Komuro Hall
- August 18<sup>th</sup> HOLIDAY Facilities and Office CLOSED
- August 19th Mission-u
- August 24-27 Women's Walk to Emmaus



#### Pastor Won-Seok Yuh Co-Pastor

<sup>4</sup>Jesus replied, "It's written, People won't live only by bread, but by every word spoken by God." (Matt. 4:4. CEB)

We all know what it means to be hungry. We might get tired, weak, fuzzy minded or dizzy. We might even get "hangry" (where we're angry because we're hungry). We might choose to feed that hunger with whatever is convenient, abundant, and accessible. However, just because we are stuffing our mouths with food doesn't mean it's necessarily nourishing. Eating a giant bag of Cool Ranch Doritos is nowhere near as nutritious as a cup or two of broccoli. Nor do you feel truly better (I might have some experience in this). We know we need good nourishment physically. But we also need good nourishment spiritually.

At our Cal-Pac Annual Conference in June, we highlighted a new step in "Ending Spiritual and Physical Hunger": "NOURISH". In the month of August, we will look to Jesus to lead us in what it means to be truly nourished, both spiritually and physically. How can we join Jesus in truly ending spiritual and physical hunger? Do we start with feeding the 5000? Do we hunger for peace in the midst of storms? Are we fed with a feast or with just crumbs? Do we do it with praise in our lips and gladness in our hearts?

May we be filled with the strength and wisdom of the Holy Spirit as called by Jesus Christ to NOURISH Gd's beloved in this world!

Peace, Rev. Won-Seok Yuh

# Ministry Musings

Sonya is an adventurous soul with a deep appreciation for the wonders of the natural world and a genuine love for God. Born and raised in New Jersey, she developed a profound connection with the great outdoors from an early age, fueling her passion for hiking and exploration. Sonya takes photos and finds solace in the breathtaking landscapes and sees them as a testament to God's awe-inspiring creation.

While Sonya's admiration for nature extends to all its inhabitants, she holds a special place in her heart for chickens. Whether she encounters them freely roaming in the countryside or crossing paths in Downtown Honolulu, Sonya finds immense joy in their presence. Currently, Sonya serves as the Administrative Assistant at the District Office. Sonya's love for God permeates every aspect of her life, influencing her work ethic and interactions with coworkers and church members alike. Sonya's favorite Bible verse comes from Ephesians 5:1-2a, "Therefore be imitators of God, as beloved children, and live in love, as Christ loved us."

# From Faifekau Linita Moa's Desk



Pastor Linita Moa Co-Pastor

MAHINA KO 'AOKOSI 2023

Fakafeta'l ki he 'Otua Mafimafi he 'ofa lahi kuo tau tu'uta lelei ai ki he Mahina fo'ou ni. Pea ko e fiefia ia 'o e mahina ni, ko 'etau ikuna 'a e mahina Siulai mo e katoanga 'o e ta'u. Koia 'oku tau ofo ma'u pe 'l he fu'u ivi 'o e 'Otua kuo ne foaki 'ata'ata mai ma'akitautolu ke tau lava 'o ikuna fakataha mo 'ene ikuna.

Ko e kaveinga 'o e mahina ni: Ko e Milimilisino mo e mohu 'o e 'Otuá 'oku tau ma'u ai ha konga si'i 'o hono 'Imisi / Wrestling with God's Abundance provides a glimpse of The Almighty. Ko e kaveinga ni 'oku ata mai 'a e faka'amu ke tau fefa'uhi, pe ko 'etau takaua ma'u pe mo e 'Otua he taimi kotoa pe, he tetau 'ilo ai 'a e fu'u ivi mo e mohu 'o e 'Otua 'I

he'etau fefa'uhi moia ia. Hange ko e talanoa koia 'o e fefa'uhi 'a Sekope mo e 'Otua, 'o feinga 'a e 'Otua ken a mavae, ka pehe 'e Sekope, 'Ikai kae 'oua leva k eke tukumai ha'aku tapuaki. Na'e 'ilo 'e Sekope ko e 'Otua mo hono fu'u ivi mo e mafimafi 'o e 'Otua, koia na'a ne puke ma'u kae'oua leva ke foaki ange ha'ane tapuaki, mei he 'Otua.

Kainga, ko 'etau fefa'uhi mo e 'Otua 'oku fiema'u ke tau fai fakamatoato, pea puke ma'u ho'o tui mo ho'o takaua mo e 'Otua 'o 'oua tukuange vave pe fo'l, ka ke pukema'u he t eke 'ilo ai ha konga 'o hono imisi 'l ho'o mo'ui.

Ko e mahina ni mo hono ngaahi fatongia, ko e 'Aho 'o e To'utupu he Tokonaki 'aho 5, pea hoko atu ki he teu 'o e foki atu 'etau fanau ki he Ako. 'Oku talamonu atu ki he fanau kotoa pe 'I Hawaii ni, pea pehe foki kiate kinautolu ki fonua lahi, ke tapuekina kimoutolu mo fakamonu'ia 'a e feinga ako he ta'u ko'eni.

'Oku faka'amu pe 'I he'etau ngaahi ma'unga kelesi, ke tau fai'aki 'a e loto'aki mo e takaua fakataha mo e laumalie 'o e 'Eiki, ka 'oku ke fiema'u ha taimi makehe mo e 'Otua, pe tokoni fakalaumalie, kataki 'o fetu'utaki mai pe, he 'oku 'iai 'a e ngaahi ma'u'anga kelesi mo e ngaahi tokoni fakalaumalie 'a e Siasi ke a'u atu ki he taha

kotoa pe 'o tatau he fakataau taha pe fakatokolahi, fakakulupu iiki 'e lava ke tokoni'l fakalaumalie kimoutolu. Pea pehe pe ki ha fiema'u me'a tokoni, kataki 'o fakafetu'utaki mai pe kiate au. Pe ko ha fietokoni pe fetu'utaki mai, kef ai kiai ha sio na'a lava ke fai atu ha tokoni.

'Ofa lahi atu kiate kimoutolu kotoa pea mo e lotu hufia foki, *Faifekau Linita 'U. Moa* 





# Sermons for 10 a.m. English Worship Service

#### **AUGUST 6**

Joint Worship Service. Holy Communion will be celebrated.

- Pastor Won-Seok Yuh Matthew 14:13-21
- Pastor Linita Moa Romans 9:1-5

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#### **AUGUST 13**

Pastor Won-Seok Yuh - Matthew 14:22-33

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#### **AUGUST 20**

Pastor Kim Houff – Matthew 15:21-28

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#### AUGUST 27 -

Pastor Won-Seok Yuh - Matthew 16:13-20

You can access previous videos of our worship services on Facebook (First United Methodist Church Honolulu). Or if you prefer a printed copy of the worship script, please call 808-522-9555 or email office @firstumchonolulu.org to request one be mailed to you.

# DISCIPLESHIP

#### **SUNDAY BIBLE STUDY**

Following 10 AM worship (except first Sunday) In-person and via Zoom



We continue our current events Bible study, "The Wired Word," which provides us interesting topics to discuss—all through a biblical lens. Join us on Sundays (except for first Sundays) following 10 AM worship to discuss the topic for the day. Articles are emailed on Thursday or Friday for Sunday's discussion. For more information, to get the article emailed and/or to get the Zoom link. Email Kim@firstumchonolulu.org.



#### UNITED WOMEN IN FAITH

The English group will meet on Wednesday, August 9 at 11:30 AM in

the library. Pastor Kim will lead the program, "Working in Community towards Liberation." Email <a href="mailto:kim@firstumchonolulu.org">kim@firstumchonolulu.org</a> for more information or to get the zoom link. New people are always welcome.

The Tongan Circle will meet on Tuesday, August 15 at 7:30 PM in Komuro Hall. Please contact Kueni Maka for more information.

#### **ZOOM PRAYER GROUP**

Did you know that there is a group of people who meet on Wednesdays at



10 AM via Zoom to pray together? Anyone is welcome to join the group. We would also love to pray for the concerns of those who cannot join the group. Email Kim@firstumchonolulu.org for the zoom

Kim@firstumchonolulu.org for the zoom link or to share your prayers and praises.

# YOUNG PEOPLE

# Young Adult Ministry

In the Young Adults Ministry, we have agreed as a group that growing spirituality is very important and so we continue to share with each other how God is working in our lives, how we can apply the Sunday message to our lives, and the role our faith can have on the impact on the environment and those around the world. Using "The Wired Word" study has helped our young adults to have a more biblical worldview. Although there are many different backgrounds, the belief in God's love is similar, strong and steady. It's refreshing to hear new perspectives from everyone.

We have also agreed as a group that some of our time together should include fun, physical exercise and laughter. That became more clear after we all enjoyed a hike together, (with a great idea from Hong, that we clean up the trail as we go). This month the Young Adult Ministry will be getting together at a beach house for a potluck lunch, swimming, games, and fellowship time. All young adults are welcome to join us! Email <a href="mailtosbrekke@firstumchonolulu.org">sbrekke@firstumchonolulu.org</a> for the address and to let us know what you will be bringing for the potluck.

Thank you to our YAMmer (Young Adult Ministry member) Hong Chan and other members of First UMC for volunteering to help in the FUMC Foodbank on a very busy Saturday!



We look forward to spending more time together outside of the church walls to help improve our relationships with each other and to serve in the community. Thanks be to God for guiding us everyday and for putting this wonderful group of Young Adults together.

#### Mark and Sandi Brekke Young Adults Ministry



## **Keiki Sign Dance**

Wednesdays, September 13 – November 29 (no class October 11 – Fall Break)

5:30 - 6:30 P.M. in Butterworth Chapel

This FREE dance class is open to all PreK-8 graders. We will use American Sign Language signs put to music to tell a story. It is a fun and creative way to learn a new language as well as express ourselves through dance!

Our instructor, Sandi Brekke, has been dancing Creative Sign for over 23 years. She has taught Keiki Sign Dance classes for the past 6 years. Sandi's assistant and husband, Mark has been dancing for over 20 years.

To register, email the office at sbrekke@firstumchonolulu.org.

NOTE: The Keiki Sign Dance class will perform at Sunday service, December 3 at 10:00 a.m. which will be livestreamed on our Facebook page.

#### **FAMILY PROMISE (FPH)**

Starting Saturday, August 5th, you can provide meals for families on Saturday, Sunday, Monday, and Tuesday. Dinners will now be delivered to the FPH office (245 N. Kukui St. #101), at 5:30pm. FPH's Site Coordinator will meet you at the office to retrieve the meal. If a family is at the office, you are more than welcome to stay and dine/talk story with them. Sign up on Calendly: <a href="https://calendly.com/volunteer-fph/ohana-nights">https://calendly.com/volunteer-fph/ohana-nights</a>

FPH will be restarting their family workshops on the 1st and 4th Tuesday of the month. They are looking for volunteers with expertise in financial literacy, vocational training, etc. Contact Elliot Woods at 808-300-0560 ext. 1007 to volunteer or for more information.



## SERVICE

# SUNDAY ENGLISH WORSHIP VOLUNTEERS WANTED

We have several areas where we would love to have more volunteers!

- Sunday School—With more teachers we can have two classes.
- Greeting/Ushering—With more greeters and ushers, we can give our faithful greeters and ushers a break.
- Tech Team—We provide training for help with Tech (running switcher, powerpoint, teleprompter, and more!)
- Choir—Our choir needs more voices.
   Come make a joyful noise with us.

Contact Pastor Kim at 808-522-9558 or <a href="mailto:kim@firstumchonolulu.org">kim@firstumchonolulu.org</a> if you would like to volunteer in any of these areas or need more information.

## THE ARTS

FUMC DANCE MINISTRY
Wednesdays, starting August 16
6:00 – 7:00 p.m.
Komuro Hall



Intersted in joining our FUMC Dance Ministry? Want to learn to worship using dance?

No prior experience necessary. Sign dance and hula.

To register or for more information, email Becky Choi at <a href="mailto:beckyaloha808@gmail.com">beckyaloha808@gmail.com</a>.



1020 South Beretania Street Honolulu, Hawaii. 96814-1492 (808) 522-9555. Website: www.firstumchonolulu.org

Pastor Won-Seok prays over the Tongan congregation's annual pledge (Misinale) of over \$175,000.



# **AUGUST 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BC= Butterworth Chapel KH = Komuro Hall L = Library	MR = Maile Rm S = Sanctuary YR =Youth Roo	,				
		1	7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	9am District Tongan Youth Day (S)
6am Tongan Worship 6 8:30am Pancakes and Praise Breakfast (grab and go only) 10am Joint Worship Service 11am Aloha Hour - Lanai Meet & Greet Pastor Won-Seok (KH)	2-4pm 7 FoodBank 6:30pm Mon Eve Study (Zoom) 7pm Tongan Bible Study (Zoom)	8	11:30am 9 UWF English Circle (L) 7pm Tongan Worship (S)	Coffee 10 & Conversation @ HOMA 6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	10am YAM Potluck Gathering 2-4pm Foodbank
6am Tongan Worship. 13 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship Service 11:00 am Sunday Adult Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1pm Tongan Sunday School (KH)	7pm Tongan Bible Study (Zoom)	7:30pm UWF Tongan Circle	16 6pm Dance Ministry (KH) 7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	HOLIDAY Admission Day  Office and Facilities Closed	9am-1pm Mission u at Wesley UMC
6am Tongan Worship. 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship Service 11:00 am Sunday Adult Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1pm Tongan Sunday School (KH)	21 2-4pm FoodBank 7pm Tongan Bible Study (Zoom)	7pm Trustees mtg (via Zoom)	6pm Dance Ministry (KH) 7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)	7-9:30pm Tongan Youth & Young Adults (KH)	26
6am Tongan Worship 27 8:30am Pancakes and Praise Breakfast (grab and go only) 10am English Worship Service 11:00 am Sunday Adult Study (L) 11:00 am Young Adults Ministry (YR) 12noon Tongan Worship 1pm Tongan Sunday School (KH) Women's Walk to Emmaus	28 2-4pm FoodBank 7pm Tongan Bible Study (Zoom)	29	6pm Dance Ministry (KH) 7pm Tongan Worship (S)	6:30pm Tongan Women's Prayer Group (BC) 8pm Tongan Choir(S)		



#### RETURN SERVICE REQUESTED

#### Church Leaders & Staff

Pastors: The Rev. Dr. Linita 'II. Mna Rev. Won-Seak Yuh

Minister of Discipleship & Community Engagement:

Rev. Kim Houff

Office Manager: Sandi Brekke Facilities Director: Paini Harris

Director of Young Adult Ministry & Handyman:

Mark Brekke

**Director of Young People's Ministry:** Mele Pepa Latu Choir Director: Tupou Seini Kelemeni, Fololiena Maka

Accompanist: Jason Eom

Finance Administrator: Ongo Koli

Custodians: Pongi Vehikite, Pat Sheppard,

Sia Lolohea, John Kelemeni

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#### **CONNECTIONAL LEADERS:**

Resident Bishop:

Bishop Dottie Escobedo-Frank

District Superintendent for First UMC:

Rev. Saia Tu'itahi



Check out our website: www.firstumchonolulu.org



Email: Office@Firstumchonolulu.org



Instagram: firstumchonolulu



Facebook: First United Methodist Church Honolulu



Twitter: HonoluluFUMC